

NATIONAL YOUTH HELPLINE

National Youth Helpline (0800-69457 NYHL) has been established at the Higher Education Commission (HEC) Islamabad, with technical support from United Nations Fund for Population Activities (UNFPA) and Aiming Change for Tomorrow (ACT) International.

The objective of this project is to provide a secure and confidential platform for young people to access information regarding problems associated with adolescence/ young age particularly regarding psychosocial counseling, career counseling and reproductive health. The primary clientele of the NYHL is anyone within the age limit of 15 to 29 and above. The secondary audience includes parents, teachers, and community members.



The banner features logos for UNFPA, HEC, and ACT at the top. The central illustration shows a woman with a headset using a laptop, with icons for a phone and a hand holding a heart. The main text in Urdu reads 'پوچھنا آپ کا حق ہے' (Asking is your right). Below this, it states 'نفسیاتی و سماجی مسائل، صحت اور تعلیم کے حوالے سے مشورے اور رہنمائی کیلئے رابطہ کریں' (For advice and guidance on psychological and social issues, health and education, please contact). The bottom section is green and contains the text 'Timings: Mon to Fri 8am to 8pm' and 'نیشنل یوتھ ہیلپ لائن 0800-69457'. At the bottom left, it says 'ENGAGING YOUTH FOR A BETTER TOMORROW' and at the bottom right, 'نیشنل یوتھ ہیلپ لائن'.

UNFPA HEC ACT AIMING CHANGE FOR TOMORROW

پوچھنا
آپ کا حق ہے

نفسیاتی و سماجی مسائل، صحت اور تعلیم کے حوالے سے
مشورے اور رہنمائی کیلئے رابطہ کریں

Timings:
Mon to Fri
8am to 8pm

نیشنل یوتھ ہیلپ لائن
0800-69457

ENGAGING YOUTH
FOR A BETTER TOMORROW

نیشنل یوتھ ہیلپ لائن