Dr. Zahida Jabeen

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Research Interests

- Hydro-Politics and Transboundary Water Governance
- South Asian Security and Geopolitics
- Peace and Conflict Studies
- Pakistan's Foreign Policy
- Climate Change and Environmental Security

Academic Qualifications

- Ph.D. in International Relations, National University of Modern Languages (NUML), Islamabad, 2025 (GPA: 4.00/4.00).
  Dissertation: Hydro-Politics of the Indus River Basin: Conflict and Cooperation Potential of Transboundary Water between Pakistan and India.
- M.Phil. in Peace and Conflict Studies, National Defence University (NDU), Islamabad, 2015 (GPA: 3.72/4.00).
- M.A. Political Science, University of Peshawar, 2013 (First Division).
- M.A. International Relations, University of Peshawar, 2011 (First Division).
- M.A. English Literature, University of the Punjab, 2006 (Second Division).
- B.A., University of Peshawar, 2003 (First Division).

Professional Experience

- **Assistant Professor, Peace and Conflict Studies**
  NDU Islamabad (Aug 2026- Present)
  - BS Level Courses: Traditional and Non-Traditional Security, Global Power Politics and Peace
  - MPhil level Courses: Theories of PCS

- **Lecturer, International Relations / Pakistan Studies**
  HITEC University, Taxila | Feb 2013 – Aug 2026
  - Teaching BS level courses: Pakistan Studies, Ideology and Constitution of Pakistan, Fundamentals of International Relations, and International Relations.
  - Student mentoring and academic advising.

- **Lecturer, Pakistan Studies & English**
  HITEC School and College | 2007 – 2012

Administrative and Academic Service

- In charge Student Affairs PCS, NDU Islamabad
- MPhil Program Focal person PCS, NDU Islamabad
- QEC Coordinator PCS, NDU Islamabad
- Curriculum In charge for Pakistan Studies, Ideology and Constitution of Pakistan, Fundamentals of International Relations, and International Relations courses, HITEC University (2013–Present).
- In charge, Departmental Result Review Committee, HITEC University.
- Member, Academic Council/Committee (ACM), HITEC University (2019-2020).
- Member, Discipline Committee, HITEC University (2019).
- Member, Hiring Board for Pakistan Studies Faculty, HITEC University.

Publications (HEC Recognized Journals)

- Jabeen, Z., & Arooj, M. (2025). Canals, Claims, and Consequences: The Cholistan Water Debate. Sociology & Cultural Research Review, 4(02), 822–829.
- Khan, S. U., Nazir, J., & Jabeen, Z. (2025). The Afghanistan Factor: Its Influence on Regional Competition in South Asia. Journal of Religion and Society, 3(1).
- Khan, S. U., Nazir, J., & Jabeen, Z. (2025). Military Buildups and Border Disputes: The Security Dilemma in South Asia. Sociology & Cultural Research Review, 3(1).
- Jabeen, Z., Muhammad Noaman Yousaf, & Muhammad Faheem. (2025). The Human Dimension of Water Conflict: A Study of the Impact of Water Disputes on Local Communities in South Asia. Advance Social Science Archive Journal, 3(1), January–March 2025.
- Arooj, M., & Jabeen, Z. (2025). Power Contestation and the Future of the Western Security Order: Evaluating Freedom of Navigation Conflicts in the South China Sea. Advance Social Science Archive Journal, 4(02).
- Jabeen, Z., Ullah Khan, S., & Nazir, J. (2025). Geopolitics of the Indian Ocean: South Asia's strategic competition in maritime security. Sociology & Cultural Research Review, 3(01), 591–608.
- Khan, S. U., Zeeshan, Z., & Jabeen, Z. (2025). Assessing the impact of the OIC on Muslim countries: Cooperation and challenges. Advance Social Science Archive Journal, 3(01).
- Jabeen, Z., & Arooj, M. (2024). Dacca University Action: Operation Search Light. Migration Letters, 21(S13), 1891–1900.
- Nazir, J., Jabeen, Z., & Ullah, S. (2024). The future of constitutional governance in Pakistan: Prospects and challenges. Journal of Religion & Society, 2(4).
- Nazir, J., Jabeen, Z., & Ullah, S. (2024). Balancing Acts: Small States and Their Role in South Asia's Geopolitical Competitions. Sociology & Cultural Research Review, 2(4).
- Jabeen, Z. (2023). Impact of Climate Change on the Indus Basin Water Resources. Khaldunia – Journal of Social Sciences, 3(1).
- Jabeen, Z., Shad, R., & Nazir, J. (2023). Trans-Boundary Water Governance: An Urgent Need for the Formulation of Pak-Afghan Trans-Border Water Governance Mechanism. Asian Journal of International Peace and Security.
- Jabeen, Z., & Nazir, J. (2023). India's Quest for Kashmir; Pakistan's Offensive Diplomacy. GUMAN, 2(3), 59–67.
- Nazir, J., & Jabeen, Z. (2023). Implications of National Forest Policy 2015 on Gilgit-Baltistan: The Question of Forest Ownership and Deforestation in Gilgit-Baltistan. SHNAKHAT, 2(3).

Seminars

- Conducted a seminar titled **"Pakistan–China 75 Years of Relations: Driving Pakistan's Economic Growth, Development & Citizen Opportunities",** focusing on historical evolution and contemporary dynamics of Pakistan–China relations with special reference to CPEC- Phase Two. HITEC University Taxila, 22 April 2026.