

## Dr. Maria Saifuddin Effendi

March 2023



### Career Objective

To serve as an academician and practitioner of *Conflict Resolution (South Asia)*

### Areas of Interests

#### *South Asia (Conflict Resolution)*

- Conflict Analysis (Mapping) & Resolution Models (Indigenous conflict resolution models), Ethnic Conflict Resolution
- Negotiation, Mediation (Certified Mediator, trained by Prof. Johan Galtung at Transcend Peace University, Norway)
- National Security, Human Security
- Karachi, Kashmir, India and Pakistan, Sri Lanka

### Current Occupation

- **Assistant Professor** (Pakistan), February 2009-To Date, joined Department of Peace and Conflict Studies as a *pioneering team member*, Faculty of Contemporary Studies, National Defence University (NDU), Islamabad. Also Member of Academic Council, GAT Committee, Focal Person Literary, Arts and Cultural Society, FCS - NDU.

### Scholastics

- **Ph.D, *Ethnic Conflict Resolution* – December 2019**, School of Politics and International Relations (SPIR), *Quaid-e-Azam University, Islamabad, Pakistan*. The title of dissertation; “Evaluating trends of Protracted Social Conflict Model and Instrumentalism in Ethnic Conflict in Karachi (2000-2013)”.
- **M.S, *Conflict Resolution* - July 2009**, Department of Peace Studies and International Development, *University of Bradford, UK*. Topic of dissertation “Understanding Ripeness in Kashmir: Insights from and the Limitations of the MHS Model”.

### Certificates/Courses Attended

1. Attended a Certificate course (1 hour - online) on “Non-Violent Action”, from United States Institute of Peace (Washington DC), 4 May 2021
2. Attended a Certificate course (3 hours - online) on “Conflict Analysis”, from United States Institute of Peace (Washington DC), December 2020
3. Attended a Certificate course (1 hour- online) on “Introduction to Peacebuilding”, from United States Institute of Peace (Washington DC), December 2020
4. Attended a Certificate course (1 hour - online) on “Preparing for Peacebuilding”, from United States Institute of Peace (Washington DC), December 2020
5. Attended a Certificate course (1 hour-online) on “Negotiation: Shaping the Conflict Landscape”, from United States Institute of Peace (Washington DC), December 2020
6. Attended a Certificate course (1 hour - online) on “Mediating Violent Conflicts”, from United States Institute of Peace (Washington DC), December 2020
7. Attended a professional development workshop, conducted by Higher Education Commission, Pakistan at National Defence University, Islamabad, 7-9 August 2017.
8. Attended a professional development workshop, conducted by Quality Enhancement Cell, National Defence University, Islamabad, 25-29 August 2014.
9. Advance course and practical training (Mediation) on ‘*Transcend Nordic Mediation, Conflict Resolution, New Perspectives on Peace Work*’, organized by *Transcend Peace University*, held in Jondal (Norway), August 2007. I was privileged being trained in Mediation by Professor Johan Galtung (Pioneer of the discipline of Peace Studies).

10. Fourth Annual Conference on “*Conflict Transformation*”, organized by Women in Security, Conflict Management and Peace (WISCOMP), held in New Delhi (India), 1-10 October 2005.
11. Workshop on “*Basic Theatre Techniques*”, organized by School of Human Rights (Islamabad), 7-8 February 2005.
12. Sixth Winter Workshop on “*Sources of Conflicts in South Asia*”, organized by Regional Center for Strategic Studies (Sri Lanka), held in Katmandu (Nepal), 1-10 October 2004.
13. A short course on “*International Humanitarian Law*”, conducted by International Committee of Red Cross, Delegates in Pakistan, in Islamabad, 8-12 March 2004.
14. Participated in a Government Delegation to sign an MoU with a Russian think-tank, as *Young Delegate* under the scholar’s exchange program between Institute of Regional Studies (Islamabad) and Institute of Oriental Studies (Moscow, Russia), held in Moscow on 7-15 August 2004.

### **Professional Experience**

- **Board Director** (Honorary, non-resident), July 2013 – 2021, Search for Common Ground (Pakistan chapter), Islamabad.
- **Academic Advisor 2015-17** (Honorary, non-resident), Rotary Peace Centers Committee, The Rotary Foundation, Rotary International. USA
- **Pakistan International Fellow 2012 – 13/Visiting Professor (USA)**, Near East South Asia Center for Strategic Studies (NESAS) – National Defence University, Department of Defence – Washington DC (USA).
- **Consultant/Director Operations February-April 2011**– Search for Common Ground (Islamabad) – worked as team member in evaluation of the project “Radio for Peacebuilding”, implemented by SFCG with support of The Dutch Ministry of Foreign Affairs in Pakistan in 2009-10. The project evaluation was a joint collaboration of Department of Peace and Conflict Studies – NDU and SFCG Pakistan and of PKR 2.1 million.
- **Consultant – Conflict Resolution October 2010**, Search for Common Ground (Islamabad), served under the project “*Radio for Peacebuilding*”. Designed the

“Trainers’ Manual” and training sessions/simulations for the participants of the workshops.

- **Rotary World Peace Fellow 2006-08 (UK):** a combination of studies and ambassadorial duties, completed M.S (Conflict Resolution, July 2009), University of Bradford and performed as an *Ambassador of Peace* around UK.
- **Rotary Research Fellow at SIPRI (Sweden), June-August 2007:** to work on my thesis “Ripeness in Kashmir Conflict” under Armed Conflict Project at Stockholm International Peace Research Institute ( Stockholm, Sweden).
- **Research Scholar (Pakistan),** September 2004-July 2006, Institute of Regional Studies, Islamabad, Pakistan.
- **Kodikara Fellow 2005-06 (Sri Lanka),** to write a monograph on “*Role of Third-Party in Conflict Resolution: A Case Study of India and Norway in Sri Lanka*”, Regional Centre of Strategic Studies (Colombo, Sri Lanka). The honourarium/grant was of USD 2000.

## **Track II Diplomacy/ Training Workshops**

*(As Practitioner)*

1. Lecture and training on “Conflict Management and Mitigation” for civil society members, under *Pakistan’s Emerging Leaders Initiative* by Accountability Lab, Islamabad on 28<sup>th</sup> February & 2<sup>nd</sup> March 2023.
2. Lecture and training on “Understanding Conflict – Conflict Resolution in diverse societies”, at Salamti Fellowship Cohort IX, by Shoor Foundation, Islamabad, on 25<sup>th</sup> February 2023.
3. Invited by the **Presidency of Turkiye** as a speaker to speak on “*Strategic Communication and Conflict Resolution*” at its flagship event **2<sup>nd</sup> International Strategic Communication Summit**, 2-3 December, 2022 at Istanbul, Turkiye.
4. Invited by **Turkey’s Ministry of Foreign Affairs** as a delegate to attend **8<sup>th</sup> Istanbul Mediation Conference and Antalya Diplomacy Forum**, 10-13 March 2022 at Antalya, Turkey.
5. Lecture and training on “Negotiation Skills”, delivered for **Mid-Career Management Course** for police officers at **National Police Academy**, Islamabad on 27<sup>th</sup> December 2021

6. Lecture and training on “Structural and Procedural Components of Peace Agreements”, 11 August 2021 for 20 mid-career professionals at **3<sup>rd</sup> International Peace Symposium 9-13 August 2021** at National Defence University, Islamabad.
7. Lecture and training on “International Peacebuilding Practices”, 12 August 2021 for 20 mid-career professionals at **3rd International Peace Symposium 9-13 August 2021** at National Defence University, Islamabad.
8. Lecture and training on “Conflict Resolution and Negotiation Skills”, delivered for **31<sup>st</sup> Mid-Career Management Course** for police officers at **National Police Academy**, Islamabad on 22 April 2021
9. Lecture and training on “Conflict Resolution and Negotiation Skills”, delivered in **Mid-Career Management Course** for police officers at National Police Academy, Islamabad on 22 December 2020
10. Trained 40 peacebuilders in **Salamti Fellowship Cohort IV**, organized by Sha’or Foundation, Islamabad on 27 October 2020, at Nathiagali. Delivered a lecture and conducted training in “Understanding Conflict and Conflict Resolution in Diverse Society and Inter-faith Harmony”.
11. Trained 30 peacebuilders in **Salamti Fellowship Cohort II**, organized by Sha’or Foundation, Islamabad on 21 July 2019, at Bhurban. Delivered a lecture and conducted training in “Concepts and Approaches of Conflict Resolution”.
12. Trained 25 mid-career professionals in “Conflict Transformation and Reconciliation in the Process of Deradicalization” at **2<sup>nd</sup> International Peace Symposium** at National Defence University on 3 July 2019.
13. Organized the first ever **International Winter Symposium on Conflict Analysis and Resolution** at Peace and Conflict Studies, National Defence University, 21-26 January 2019. Trained 20 professionals from different fields on Conflict Mapping and Analysis, Negotiation and Mediation.
14. Trained 40 professionals (from civil society) in “Negotiations and Mediation” at **International Peace and Conflict Studies, University of Peshawar**, on 8 December 2017.
15. Trained 60 professionals (from civil society) in “Advanced Mediation” at **International Peace and Conflict Studies, University of Peshawar**, on 28 – 29 October 2017.
16. Trained Pakistan’s universities teaching faculty in HEC organized Curriculum based workshops for Peace and Conflict Studies at **Higher Education Commission Innovative Division**, on 17-19 May 2017, Islamabad. Taught modules on Conflict Analysis and Mapping, Early Warning Analysis Template and Negotiations.

17. Participated and presented at “National Peace Summit”, under the project **Pakistan Peace Initiative, Search for Common Ground, Pakistan**, on 4 March 2015, in Islamabad. Presented on “Vision for Peace in Pakistan”.
18. Designated and participated as *Track II Delegate* to attend “**Ottawa Dialogue 2014**” between India and Pakistan Military, to be held on 5-6 November 2014, Bangkok.
19. Designated and participated as *Track II Delegate* to attend “**Ottawa Dialogue 2014**” between India and Pakistan Military, held on 19-20 February 2014, Colombo. Presented on “CBMs and Measures to build trust between India and Pakistan”.
20. Participated at “**Asian Forum on Global Governance: Managing Conflicts on Sovereignty, Economy, Ecology, Technology and Demography**,” hosted by *Observer Research Foundation* in collaboration with ZEIT – Stiftung Ebelin und Gerd Bucerius, on 10 – 19 November 2013 in New Delhi.
21. Participated in a workshop “**Developing Scenario-Based Training on Religion and Conflict Prevention and Mitigation**,” hosted jointly by the *Conflict and Stabilization Operations Bureau at the State Department, the International Peace and Security Institute, and Johns Hopkins School of Advanced International Studies’ (SAIS) Global Politics and Religion Initiative* on 7 February 2013 at Johns Hopkins SAIS, Washington DC.
22. Participated in a two day conference “**The New Geo-politics of Peace Operations: A Dialogue with Emerging Powers – South Asia Regional Dialogue**”, 16-17 April 2012, at Kathmandu (Nepal), organized by *Stockholm International Peace Research Institute (SIPRI) and Friedrich Ebert Stiftung*.
23. Served as an “*IPSI Team Member , Co-trainer and Student Mentor*” in one-month **International Summer Symposium on Conflict Prevention, Resolution and Reconciliation**, Bologna (Italy), 17 June-19 July 2010 organized by *International Peace and Security Institute (IPSI-Washington DC) in collaboration with John Hopkins University Paul H. Nitze School of Advanced International Studies (SAIS-USA)*
24. Served as an “*IPSI Team Member , Co-trainer and Student Mentor*” in one-month **International Summer Symposium on Conflict Prevention, Resolution and Reconciliation**, Bologna (Italy), 22 June – 25 July 2011, organized by *International*

Peace and Security Institute (IPSI-Washington DC) in collaboration with John Hopkins University Paul H. Nitze School of Advanced International Studies (SAIS-USA)

25. Participated a three day workshop as a faculty member; “**National Youth Conference**” in **8-10 August 2010**, organized by Bargad Organization for Youth Development in collaboration with United Nations Population Fund in Lahore (Pakistan).
26. Participated Defence Diplomacy among 28 countries of the world as delegate from Pakistan - **Shangri-La Dialogue: 8<sup>th</sup> Asia Security Summit**, organized by International Institute of Strategic Studies (IISS, London), held in Singapore, 29-31<sup>st</sup> May 2009.

#### **Honours/Scholarships/Fellowships Earned**

1. Invited as a **Chief Guest** to distribute certificates at the closing ceremony of the *Project SHE – The Peacebuilder’s training on Common Ground Approach*, for Women Peace Architects, conducted by Aurat Foundation and Search for Common Ground, 25 January 2023, Islamabad.
2. Selected as **IEP Ambassador 2020**, by Institute of Economics and Peace, Sydney for its 2<sup>nd</sup> Cohort, on 7 October 2020.
3. Rotary International dedicated a chapter (**Chapter 10: Maria Saifuddin Effendi**) on my contribution and service to establish the discipline of Peace Studies and Conflict Resolution in Pakistan, in its Annual Book "*A String of Pearls: Inspiring Stories of how Rotary Peace Fellows are Serving Humanity and Changing the World.*", written by David C. Forward and published by Rotary International in June 2017. <http://rotarystringofpearls.com/>.
4. Nominated for prestigious **UK Alumni Achievement Award (Professional Excellence Category)** amongst the 11 selected Alumni from Pakistan in the last 10 years, by British Council and British Government on 30 January 2016.
5. Designated to participate in Track II initiative “**Ottawa Dialogue 2014**” between Pakistan and India Militaries, held on 19-20 February 2014, Bangkok and 5-8 November 2014 in Colombo.

6. Selected as “**Asian Global Leader**” to participate in “Asian Global Forum on Governance”, Observer Research Foundation, New Delhi, 10 – 19 November 2013.
7. Selected as “**Pakistan International Fellow**” at Near East South Asia Center for Strategic Studies – NDU (USA) for 2012 - 13, first from Pakistan. Working on a book on “Developing Indigenous Conflict Resolution Models for Pashtoon Society: A Case study of KPK in Pakistan”.
8. Selection as *First Pakistani Female Rotary World Peace Fellow*, and shortlisted in competition of around 7000 applicants from all over the world, by Rotary International USA, December 2005.
9. *Kodikara Research Awardee 2005-06*, Regional Center for Strategic Studies, Sri Lanka.
10. Nomination as *International Research Member*, International Research Forum on SAARC (IRF-SAARC), Tokyo-Japan in March 2005.
11. Selection as a *Young Delegate* under the scholar’s exchange program between Institute of Regional Studies (Islamabad) and Institute of Oriental Studies (Moscow, Russia), held in Moscow on 7-15 August 2004.

#### **Lectures/Papers Delivered in International/National Conferences**

1. Invited as a speaker to present on “Diplomacy and Digital Tools in Negotiation” (via zoom) under the program on Digital Diplomacy and Inclusive Peace Studies for Youth, organized by Divan Institute, Istanbul, Turkiye, on 20<sup>th</sup> March 2023.
2. Invited as a speaker to present on “**How Kashmir can be referred as a Genocide?**”, at *Kashmir Solidarity Day Webinar Geo-historic and International Law’s Perspective – Way forward for resolving the Conflict*, organized by Balochistan Think Tank Network, Quetta, on 6 February 2023.
3. Invited as a speaker to present on “*Structural Violence in Kashmir (2012-22)*” at **75<sup>th</sup> Anniversary Conference of Pakistan Institute of International Affairs**, Karachi on 14-15 December 2022.
4. Invited as a speaker to present on “Pakistan for All: Strengthening Tolerance, Religious Diversity and Minority Rights through Governance and Education” at a webinar organized by **Information Technology University, Lahore** on 26 August 2022.
5. Invited as a guest speaker to deliver a lecture on “*Approaches to Conflict Resolution*” at **Department of Government and Public Policy, National University of Science and Technology (NUST), Islamabad** on 18 May 2022.
6. Invited as a speaker to present on “*India-Pakistan Relations and Kashmir*” at a webinar “Afghanistan and South Asia”, organized by **Islamabad Policy Research Institute (Islamabad) in collaboration with Japan Embassy** (Islamabad) on 4<sup>th</sup> March 2022.



7. Invited as a Plenary Speaker to speak under the theme of “Security, Stability and National Development in the New Normal” at 14<sup>th</sup> International Research Conference 9-10 September 2021, at **General Sir John Kotelawala Defence University (KDU), Sri Lanka**. The title of the presentation was: *Conflict Trends in South Asia in New Normal*.
8. Lecture on “Conflict Analysis and Resolution”, delivered in **3<sup>rd</sup> Summer School – International Relations** at National Defence University, 16 July 2019.
9. Lecture on “Introduction to Peace and Conflict Studies”, delivered in **2<sup>nd</sup> Summer School – International Relations** at National Defence University, 9 July 2019.
10. Invited to speak on “Trust and Confidence Building Measures between India and Pakistan: A Way Forward”, at **Rotary District Conference on “Empowerment and Integrity”**, 5-6 May 2018, organized by Rotary Club District 3272, Islamabad
11. Invited to speak on "Post Operation Zarb e Azb Peacebuilding in FATA: Applying the concept of 5 R's and Exploring Economic Opportunities and Challenges" at a conference **Economic Currents and Opportunities For Economic Development In FATA** on January 17<sup>th</sup>& 18th, 2017, organized by Cell for FATA Studies, University of Peshawar, Pakistan.
12. Invited to speak on “**Conceptual Dynamics of Conflict Prevention: Concepts and Perspectives**”, at an international conference “The Challenge of Conflict Prevention in Pakistan: Multi Stakeholder Approach in the context of Vulnerable Groups in Karachi”, organized by Program on Peace Studies, Department of International Relations, University of Karachi in collaboration with Global Platform for the Prevention of Armed Conflict, The Hague, to be held on 23 December 2014, in Karachi.
13. Presentation “**Challenges and Opportunities of Peace Studies and Conflict Resolution in Pakistan**”, at Rotary Club Meeting (Islamabad), on 10 April 2014.
14. Presentation “Drones and Sovereignty: A South Asian Perspective”, at “Asian Forum on Global Governance: Managing Conflicts on Sovereignty, Economy, Ecology, Technology and Demography, “ hosted by Observer Research Foundation in collaboration with ZEIT – Stiftung Ebelin und Gerd Bucerius, on 12 November 2013 in New Delhi.
15. Lecture “Afghanistan: Post 2014 and beyond”, at College of International Security Affairs (CISA) – National Defence University (Washington DC), on 4 February 2013.
16. Presentation “National Security Issues, Trends and Challenges of Pakistan and Afghanistan”, at US National Security Program, The Brookings Institution – Washington DC on 5 December 2012.
17. Lecture “Role of Media in Conflict Prevention, Resolution and Management”, delivered at “National Media Workshop 2012”, National Defence University Islamabad, on 3 July 2012.
18. Lecture “Peacebuilding: Concepts and Models”, delivered to the participants (Army Personnels from Allied Forces) of *National Security Course* at National Security and War Studies College, NDU – Islamabad, on 16 March 2012.

19. Delivered a lecture “Negotiations Skills: Theory and Issues” to the participants of *National Security Course* at National Security and War Studies College, NDU – Islamabad on 13 October 2011.
20. Presented a paper on “Conflict Transformation: A Case study of Pakistan” and coordinated with Program on Peace Studies and Conflict Resolution, Department of International Relations – University of Karachi to organize a two day regional workshop on “Conflict Transformation and Challenge of Peace, held on 6-7 December 2010 in collaboration with Hanns Seidel Foundation Islamabad.
21. “Role of United Nations in inter-state conflicts: A case study of Kashmir”, paper presented at Second Annual Peace Studies Conference 27-29 September 2010, organized by Grand Rapids College, Michigan - USA.
22. “Conflict Resolution Research in Pakistan: Scope and Challenges to the Development of the Discipline”, presented in a Regional Workshop Conflict Resolution Research, organized by Department of International Relations, University of Karachi in collaboration with Hanns Seidel Foundation Islamabad, Karachi, 10-11 November 2009.
23. “*Peace is Possible in Kashmir*”, presented in Paul Harris Seminar, in collaboration with Rotary Center of International Studies, University of Bradford and Rotary International (USA), 3 November 2007, Bradford, UK.
24. “*Ibberatxe Proposal and Kashmir Issue*”, group presentation at WISCOMP’s Annual Conference on Conflict Transformation, 8 October 2005, New Delhi.
25. “*Conceptual Study on Human Security*”, group presentation at RCSS Winter Workshop on “Sources of Conflict in South Asia”, October 10, 2004, Kathmandu,
26. “*Vision of South Asia 2047: Perceptions on Conflict Resolution*”, presented in an international workshop on “Paradigms of Conflict Resolution in South Asia”, December 22-23, 2001, organized by the Department of International Relations, University of Karachi in collaboration with Regional Institute of Peace and Security Studies, Karachi.

### **Academic Affiliations**

- Advisory Board Member, **Pakistan Journal of Terrorism Research**, NACTA.
- Reviewer, **South Asian Journal of Contemporary Social Sciences**, University of Sialkot.
- Reviewer, **Policy Briefs/White Papers**, Islamabad Policy Research Institute.
- Reviewer, **Journal of Social Sciences and Humanities**, University of Karachi.
- Member, Editorial Advisory Board, **Institute of Regional Studies**, Islamabad
- Reviewer, **Institute for Strategic Studies, Research and Analysis (ISSRA)** NDU (Islamabad) for its research journals and publications
- Reviewer, **NUST Journal of International Peace and Stability**, Islamabad.

- External Examiner, **School of Politics and International Relations**, Quaid-i-Azam University, Islamabad.
- External Examiner, **Center of International Peace and Stability**, NUST, Islamabad.
- Member, Editorial Advisory Board, **The Human Security Institute**, Islamabad.

**Other Skills**

Computer Literate (MS Office)

Fluent in English and Urdu, understand Punjabi

**Dr. Maria Saifuddin Effendi**

**List of Publications**

**Book**

1. “Role of Third-Party in Conflict Resolution: A Case Study of India and Norway in Sri Lanka”, under Kodikara Fellowship 2005-06, published by *Regional Centre of Strategic Studies* (Colombo-Sri Lanka), September 2007.

**Research Journals**

1. “Violent Conflicts and Early Warning and Risk Analysis in Post Covid-19: An Analytical Framework”, *NJIPS*, Volume 4, Issue 2, June-July 2021 (HEC Impact Factor, Y category) <https://njips.nust.edu.pk/index.php/njips/article/view/96>.
2. “Right of Self Determination and Kashmiris: A Conceptual Understanding and Perspective”, *Orient Research Journal of Social Sciences*, Volume 6, Issue 1, June 2021 (HEC recognized Y category) <https://www.gcwus.edu.pk/wp-content/uploads/2021/06/1.-Right-of-Self-Determination-and-Kashmiris.pdf>.
3. “Problem Solving Decision Making Model in Kashmir Conflict Resolution: Prospects and Challenges”, *NDU Journal 2019*, Vol. XXXIII. (HEC Impact Factor Journal, Y category)
4. “Ethnic Conflict in Karachi: Diagnosing and Conflict Resolution”, *Journal of Political Studies*, Vol. 25, Issue 2, 2018. [http://pu.edu.pk/images/journal/pols/pdf-files/21\\_25\\_2\\_18.pdf](http://pu.edu.pk/images/journal/pols/pdf-files/21_25_2_18.pdf). (HEC Impact Factor Journal, W category)
5. “Mapping UN Peacemaking in Kashmir Under Conflict Analysis Framework: Efficacy and Prospects,” Pakistan Army Green Book 2017. (Z category)
6. “Conflict Resolution Research in Pakistan: Scope and Challenges to Development of the Discipline”, *Pakistan Journal of Peace and Conflict Studies*, Volume 2, No. 1, 2017, University of Peshawar. [http://journals.uop.edu.pk/issue\\_detail.php?issue\\_id=34&journal\\_id=14](http://journals.uop.edu.pk/issue_detail.php?issue_id=34&journal_id=14)

7. "CBMs between India and Pakistan since 1947: A Critical Analysis", published in the Research Journal of South Asian Studies, Vol. 31, No. 2, 2016. (HEC Impact Factor, X Category)
8. "India-Pakistan Peace Process: Summits in Focus (1999-To date)", *Regional Studies*, Vol. XXIV, No. 3, Summer 2006, Institute of Regional Studies, Islamabad. (HEC Impact Factor X Category)
9. "Maritime Confidence Building Measures between India and Pakistan", in *Regional Studies*, Vol. XXIII, No. 2, Spring 2005, Institute of Regional Studies, Islamabad. (HEC Impact Factor X Category)
10. "The Naga Imbrolio", in *Regional Studies*, Vol. XXII, No. 3, Summer 2004, Institute of Regional Studies, Islamabad. (HEC Impact Factor X Category)
11. "Sri Lanka Peace Process -With and Without Mediation", *Regional Studies*, Vol. XXII, No.1, Winter 2003-04, Institute of Regional Studies, Islamabad. (HEC Impact Factor X Category)
12. "Conflict Resolution in South Asia: Applicable Concepts and Approaches", in *Pakistan Horizon*, Vol. 55, No. 3, July 2002, Pakistan Institute of International Affairs, Karachi. (HEC Impact Factor X Category)

### **Monographs**

1. "The Peace Process in Sri Lanka -With and Without Mediation (1994-To date)", Occasional Paper No. 44, June 2004, republished by *Institute for Global Dialogue, Johannesburg* (South Africa).
2. "Peace Process in Sri Lanka: With and Without Mediation (1994-To Date)", in *Focus on Regional Issues*, Vol. XXII, No.3, Institute of Regional Studies, Islamabad.

### **Chapters in Edited Books**

1. "The Dynamics of Conflict Prevention: Concepts and Approaches", in Moonis Ahmar (ed.), *The Challenge of Conflict Prevention in Pakistan: A Case Study of Karachi*, Karachi: BCCT University of Karachi, 2015.
2. "Conflict Transformation: A Case study of Pakistan", chapter in Moonis Ahmar, *Conflict Transformation and Challenge of Peace*, Program on Peace Studies and

Conflict Resolution, Department of International Relations – University of in collaboration with Hanns Seidel Foundation Islamabad, May 2011.

3. A chapter “Conflict Resolution Research in Pakistan: Scope and Challenges to the Development of the Discipline”, in Moonis Ahmar (ed.), *Conflict Resolution Research in South Asia* (Karachi: Department of International Relations, University of Karachi, 2010)
4. Contributed a chapter “Vision of South Asia 2047: Perceptions on Conflict Resolution”, in Moonis Ahmar (ed.), *Paradigms of Conflict Resolution in South Asia*, (Dhaka: University Press Ltd., 2003).

### **Newspapers/Magazines**

1. “The Loved February 2019”, Daily Times, 27<sup>th</sup> February 2023, <https://dailytimes.com.pk/1067154/the-loved-february-2019/>
2. “Lessons from the End of the Afghan War,” The News, 31 August 2021, <https://www.thenews.com.pk/print/885613-lessons-from-the-end-of-the-afghan-war>
3. “Butchered to awaken the Conscience,” The Nation, 4 August 2021, <https://nation.com.pk/04-Aug-2021/butchered-to-awaken-conscience>
4. “The Challenges of Post-Conflict Resolution Peacebuilding in Afghanistan”, *Policy East*, 21 October 2020, [http://policyeast.com/the-challenges-of-post-conflict-resolution-peacebuilding-in-afghanistan/?fbclid=IwAR3Rut2uQ04gQjj7FIJ5IL71Z0tux\\_mNI8XjthqK8Eq32nD-w518QkxeGqc](http://policyeast.com/the-challenges-of-post-conflict-resolution-peacebuilding-in-afghanistan/?fbclid=IwAR3Rut2uQ04gQjj7FIJ5IL71Z0tux_mNI8XjthqK8Eq32nD-w518QkxeGqc)
5. “The Uniqueness and Complexity of Afghan Peace Process”, *Policy East*, 25 September 2020, [http://policyeast.com/the-uniqueness-and-complexity-of-afghan-peace-process/?fbclid=IwAR0l2YRV21UAPjqdHjrxCCQipd3Mjx38gN5nxecjDVh2JSwmIX\\_kOqBRE](http://policyeast.com/the-uniqueness-and-complexity-of-afghan-peace-process/?fbclid=IwAR0l2YRV21UAPjqdHjrxCCQipd3Mjx38gN5nxecjDVh2JSwmIX_kOqBRE)
6. “Rape Crime: What should be done?”, *The Nation*, 15 September 2020, <https://nation.com.pk/15-Sep-2020/rape-crime-what-should-be->

[done?fbclid=IwAR2MWTes1aw3dCYcM3U77kP6PkeFSVy4gKK8StmQ1Y4k6FzMVROQ\\_z\\_7VD4](https://nation.com.pk/01-Sep-2020/karachi-the-backbone-of-pakistan)

7. “Karachi: The Backbone of Pakistan”, *The Nation*, 1 September 2020, <https://nation.com.pk/01-Sep-2020/karachi-the-backbone-of-pakistan>.
8. “Merit not Domicile” (Cover Story), *South Asia*, August 2020, <http://www.southasia.com.pk/2020/07/28/merit-not-domicile/?fbclid=IwAR1v9OBy6YQIIsdVZb59CHRx6VfRDWdmbXWr2UE2u7DQUT36Tvm7NpcZxFs>.
9. “Why we need Women Peacemakers?”, *The Nation*, 1 July 2020, <https://nation.com.pk/01-Jul-2020/why-we-need-women-peacemakers>
10. “The Capitalisation of Covid-19”, *The Nation*, 12 June 2020, <https://nation.com.pk/12-Jun-2020/capitalisation-of-covid-19>
11. “Is Covid-19 bigger than Karachi?”, *The Daily Times*, 2 June 2020, <https://dailytimes.com.pk/620385/is-covid-19-bigger-than-karachi-daily-times/>
12. “Religious Lockdown in India: Where should Muslims go?”, *Policy East*, 13 May 2020, [http://policyeast.com/religious-lockdown-in-india-where-should-muslims-go/?fbclid=IwAR2B8PGqYlzsEhTnTiv8xJJFR03hYrGiTR5DotQjt8aCeX5OWrvJFMi\\_DsI](http://policyeast.com/religious-lockdown-in-india-where-should-muslims-go/?fbclid=IwAR2B8PGqYlzsEhTnTiv8xJJFR03hYrGiTR5DotQjt8aCeX5OWrvJFMi_DsI)
13. “Kashmir – From Security to Human Security Lockdown”, *Policy East*, 29 April 2020. <http://policyeast.com/kashmir-from-security-to-human-security-lockdown/?fbclid=IwAR3DtjJfNaKm1o9ZI04n4lhuMxy1moiq9b7k2gdUYSmIR91maNx-k-CXDsQ>
14. “New Zealand: The New Face of Crisis Management under Humanized Leadership”, *Strafasia*, 4<sup>th</sup> April 2019. <https://strafasia.com/new-zealand-the-new-face-of-crisis-management-under-humanized-leadership/>
15. “Sri Lanka: A Permanent Solution”, May 2012, in *South Asia Global Affairs* (Karachi)
16. “Distant Drums”, analysis on Peacebuilding in Post War Sri Lanka, March 2012, in *South Asia Global Affairs* (a local magazine).
17. “UPFA Government and Peace Process in Sri Lanka”, April 22, 2004, in *The News*, (Islamabad), Pakistan.

18. "Sri Lanka's Bumpy Road to Peace", June 1, 2003, in *The News*, (Islamabad).
19. "Perceptions on Conflict Resolution: Vision of South Asia 2047" (Published in episodes), January 6-31, 2002, in *The News* (Karachi).